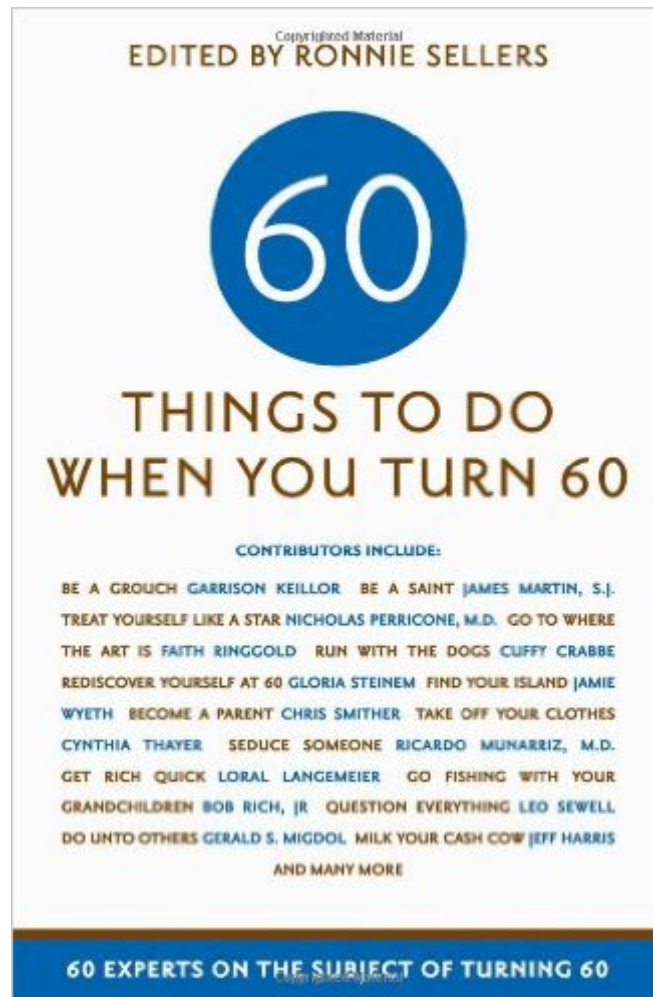


The book was found

Sixty Things To Do When You Turn Sixty: 60 Experts On The Subject Of Turning 60



Synopsis

In 2006, according to the U.S. Census Bureau, the oldest of the baby boomers will begin to turn 60. That translates to approximately 13,000 people per day who will be celebrating this event in North America. We have the perfect gift of reading for the 60-somethings in your life. 60 Things To Do When You Turn 60 is a thoughtful, humorous, and sometimes provoking collection of essays written by people from all walks of life on the subject of turning 60.

Book Information

Paperback: 375 pages

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Average Customer Review: 4.2 out of 5 starsÂ Â See all reviewsÂ (67 customer reviews)

Best Sellers Rank: #11,002 in Books (See Top 100 in Books) #5 inÂ Books > Self-Help > Mid-Life #23 inÂ Books > Health, Fitness & Dieting > Aging

Customer Reviews

I bought this to give my sister on her 60th birthday. Some of the authors looked interesting. I thought it would be a combination of fun, practical and inspirational. Wrong. It is a collection of essays not really specifically addressing the stated topic, but more generally about aging. One entire section is essentially griping about health problems. There's dumb spiritual psychobabble. There's something about sexuality talking about the value of cuddling - excuse me, didn't we read that twenty years ago? I ended up having to buy something else at the last minute, the day before traveling to visit my sister. Totally not recommended.

Just think! Authors like Gloria Steinem, Garrison Keillor, Chris Smither, Faith Ringgold, Jamie Wyeth, and many others have contributed to this wonderful book. Turning 60 gives us the leeway to be authentic and our true selves. No more do we have to please others. We can wear purple or red or chartreuse. We can do almost anything we want - well, within some constraints. The sections in this book are Get Back (the Beatles, 1969), I'm a Believer (The Monkees, 1966), Good Vibrations (The Beach Boys, 1966), Papa's Got a Brand New Bag (James Brown, 1965), Money (That's What I

Want) by Barrett Strong 1960 and The Beatles, 1964, This Old Heart of Mine (Isley Brothers, 1966). I think that naming the sections after songs and groups is inspiring and cute. Some of the things included in these sections are Treat Yourself Like a Star, Buy and Hold, Start a Business, Get Physical, Learn New Tricks, Leave a Legacy of Care, Set Your Intention, Go to Where the Art Is. There are scores more and each of them is inspirational. Do yourself a favor and get this book. You'll like it.

A friend gave me this book for my birthday (argh, I'm admitting my age) There is humor and inspiration in each chapter. Well worth it for someone at this crossroads, so I bought it for another's birthday.

I received this book as a gift on my 60th birthday several years ago and wanted to order copies for friends who were turning 60 this year. I found it to be full of hope and joy; especially when more of one's life is behind him/her rather than ahead. My friends were all grateful for this gift..

I gave this as a gift for a friend's 60th birthday. I couldn't help but read some of it before I gave it away. It was very good, wish I could have finished the whole thing. I will have to borrow it back.

Purchased this for my sister's "60th," she not only read the entire book but she has also checked a few items off the list! Great, unique, "60th" birthday gift!

Some funny, some interesting, some sort of blah but most rather typical, this is a collection of essays by lots of people, some you certainly know and can imagine their voices as you read, others you have to look up on the Internet I guess. Not really going to try any of these except those I am already doing. I especially am not going to try going to jail to see what lessons I might learn.

I purchased this book for my mother's 60th birthday. With authors such as Garrison Keillor, I figured she'd like it. But to this day, almost a year AFTER my mom's 60th, she has yet to even break in the book. Instead, it gathers dust next to her other unread books. If purchasing this as a gift, first consider, does the 60-year-old acknowledge his or her age? If not, this might not be the greatest gift.

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